

METHOD OF TREATING FUNCTIONAL SOMATIC SYNDROMES AND  
DIAGNOSING SLEEP DISORDERS BASED ON FUNCTIONAL SOMATIC  
SYNDROME SYMPTOMS

ABSTRACT OF THE DISCLOSURE

The method of treating functional somatic syndromes includes identifying a patient as having a functional somatic syndrome or a symptom thereof and treating such a patient with an airway stabilization technique. Suitable airway stabilization techniques include positive airway pressure therapies, such as a CPAP treatment, and a mechanical airway stabilization device, such as an oral appliance, a tissue distending device, and a stimulation device. The method of diagnosing a sleep disorder includes determining whether a patient suffers from one or more symptoms of a functional somatic syndrome, and diagnosing such a patient having one or more symptoms of a functional somatic syndrome as having sleep-disordered breathing. The method may further include treating such a patient with an airway stabilization technique.